







# Efforts to scaling up progress towards global nutrition targets

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# The world is off track to meet all six of the WHA global nutrition targets







### How to help progress?

- Set targets at country level
- Assess the resources available
- Ensure development policies and programmes include nutrition
- Create links between different sectors as well as different stakeholders
- Develop and implement suitable monitoring and evaluation mechanisms





## **Policy Brief Series**













- Guide national and local policy-makers on what actions should be taken at scale in order to achieve the targets
- Evidence-based, effective interventions
- Both nutrition-specific and nutrition-sensitive investments at the policy, health-system and community levels

## **Stunting Policy Brief**





identify, measure and understand stunting



develop policies and interventions to improve maternal nutrition and health, beginning with adolescent girls



implement interventions for improved exclusive breastfeeding and complementary feeding practices



implement community-based interventions: water, sanitation and hygiene (WASH), protection from diarrhoeal diseases and malaria, intestinal worms and environmental causes of subclinical infection







## **Anaemia Policy Brief**





identify, measure and understand anaemia among women of reproductive age



scale up coverage of prevention and treatment activities



develop comprehensive food policies for nutrition and nutrition-sensitive actions



monitor and evaluate the implementation of anaemia control programmes







## Low Birth Weight Policy Brief 3





improve nutrition for adolescent girls, smoking cessation, facility births, intermittent iron and folic acid supplementation, prevention of malaria



antenatal and postnatal care interventions



women's empowerment and educational attainment, social protection, food-distribution, clean and adequate water, sanitation and hygiene, facility-based perinatal care, salt iodization







# Global Nutrition Targets 2025 Childhood Overweight Policy Brief





early life exposures to improve nutritional status and growth patterns



community understanding and social norms



marketing of foods



food system and food environment



**Community actions** 







## **Breastfeeding Policy Brief** 5





hospital- and health facilitiesbased capacity to support exclusive breastfeeding training



community-based strategies to support exclusive breastfeeding



monitoring, enforcement and legislation on the International Code of Marketing of Breast-milk Substitutes





six months of mandatory paid maternity leave







## **Wasting Policy Brief**





identify, measure and understand wasting & scale up coverage of services for the identification and treatment of wasting



research and evidence on effective prevention strategies



increase long-term funding for the prevention and treatment of acute malnutrition







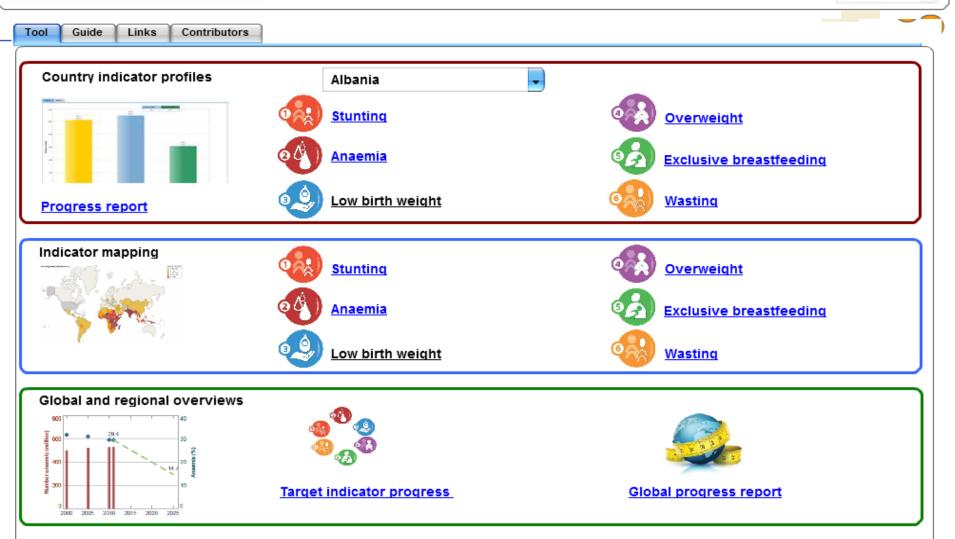


#### **Tracking Tool**

version 1.0

#### To improve maternal, infant and young child nutrition

English 🔻





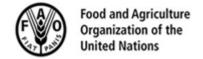




## Multiple forms of malnutrition



- 805 million people chronically hungry
- 161 million stunted children and 51 million wasted children
- over two billion people suffer from micronutrient deficiencies
- 42 million overweight children under five years of age and over 500 million obese adults

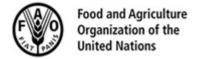






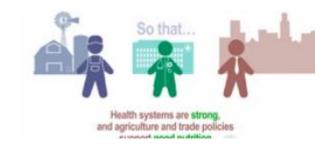
## A vision for a world free from malnutrition

- Coherent policies
- Coordinated action among different actors and sectors
- Diversified, balanced and healthy diet
- Empowerment of consumers
- National health systems integrating nutrition
- Special attention to women





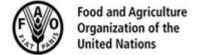






#### **Ten Commitments**

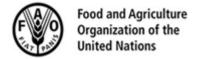
- ① Eradicate hunger and prevent all forms of malnutrition
- ② Increase investments
- **3** Enhance sustainable food systems
- Raise the profile of nutrition
- **Strengthen human and institutional capacities**
- ⑤ Strengthen and facilitate, contributions and action by all stakeholders
- ② Ensure healthy diets throughout the life course
- ® Create enabling environment for making informed choices
- Implement the commitments through the Framework for Action
- **10 Integrate vision and commitments into the post-2015 agenda**





# 60 policy and programme options in the Framework for Action

- Sustainable food systems promoting healthy diets
- International trade and investment
- Nutrition education and information
- Social protection
- Health systems delivery of direct nutrition interventions and health services to improve nutrition
- Water, sanitation and hygiene
- Food safety





## Priority Nutrition Indicators for the Post-2015 Sustainable Development Goals

AREA	PRIORITY INDICATOR	SDGs AND TARGETS
GLOBAL NUTRITION TARGETS endorsed by Member States at the 65 <sup>th</sup> World Health Assembly (WHA 2012)	Prevalence of stunting (low height-for-age) in children under 5 years of age	Goal 2, Target 2.2
	Prevalence of wasting (low weight-for-height) in children under 5 years of age	Goal 2, Target 2.2
	Percentage of infants less than 6 months of age who are exclusively breast fed	Goal 2, Target 2.2 and Target 2.1 and Goal 3, Target 3.2
	Percentage of women of reproductive age (15-49 years of age) with anaemia	Goal 2, Target 2.2 and Goal 3, Target 3.1
	Prevalence of overweight (high weight-for-height) in children under 5 years of age	Goal 2, Target 2.2 and Goal 3, Target 3.4
	Percentage of infants born with low birth weight (< 2,500 grams)	Goal 2, Target 2.2 and Goal 3, Target 3.2
DIETARY DIVERSITY	The percentage of women, 15-49 years of age, who consume at least 5 out of 10 defined food groups	Goal 2, Target 2.1
POLICY	Percentage of national budget allocated to nutrition	Goal 2, Target 2.2a

<sup>1-</sup>These recommendations have been developed through consultation with a wide range of experts and stakeholders: UNSCN member agencies, Bill & Melinda Gates Foundation, Bread for the World, Children's Investment Fund Foundation (CIFF), Columbia University, Concern Worldwide, UK Department for International Development (DFID), FANTA/FHI360, Global Nutrition Report, International Food Policy Research Institute (IFPRI), Micronutrient Initiative, ONE, Sight and Life, Tufts University Friedman School of Nutrition Science and Policy, US Agency for International Development (USAID), US State Department, World Bank, and 1,000 Days Partnership. This proposal does not necessarily reflect organizational positions.













www.fao.org/ICN2
www.who.int/nutrition/topics/WHO\_FAO\_announce\_ICN2/en/

