# THE GRADUATE INSTITUTE'S SERVICES AND RESOURCES

#### GRADUATE INSTITUTE GENEVA

INSTITUT DE HAUTES ÉTUDES INTERNATIONALES ET DU DÉVELOPPEMENT GRADUATE INSTITUTE OF INTERNATIONAL AND DEVELOPMENT STUDIES

## Do you need help or advice?

#### ACADEMIC QUESTIONS

Need academic advice and guidance? Contact our Academic Advisor

- To request:
- an extension due to illness, or any other unforeseen event,
- documents related to your studies,
- contact your Programme Manager
- → For Interdisciplinary Masters
- → For Disciplinary Masters
- → For PhDs

#### **ADMINISTRATIVE QUESTIONS**

- → Residence permits, insurance, etc.
- → Admission, immatriculation
- → Housing, maintenance, colocation, technique, payments, departure, claims

#### **CAREER SERVICE**

Questions related to work permit or career planning?

#### **FINANCES**

Questions related to your financial aid? Questions about Emergency Aid following an unforeseen event?

#### HEALTH AND WELLBEING

Need to talk to someone? We're here to listen!

#### **Counselling and Orientation**

Questions related to a disability? Feeling stressed, overwhelmed, concerned, homesick or isolated? We can also help you find or reach out to a specialised health service!

Feeling bullied, harassed, insulted?

#### In-House Psychologists – Counselling

Questions related to mental health? They can assess your needs and help guide you towards further psychological support. Book up to 3 x 45 minutes sessions/semester on Tuesday and Thursday evenings (online schedule)

#### **SAFETY ON CAMPUS**

- Feeling unsafe? Get help!
- → Security Officer, Maison de la paix
- → Security Officer, Student Residences

#### GISA (GRADUATE INSTITUTE STUDENT ASSOCIATION)

- www.graduateinstitute.ch/gisa
- Questions related to student life at the Graduate Institute and in Geneva? ☑ gisa.president@gratudateinstitute.ch Want to share your concern with other students? ☑ gisawelfare@gratudateinstitute.ch

#### ADA (ASSISTANTS' ASSOCIATION)

www.graduateinstitute.ch/students/student-life/assistants-association Looking for advice on your journey as a TA?

🖂 ada.president@graduateinstitute.ch

☑ laurent.neury@graduateinstitute.ch

💌 mdev-mia@graduateinstitute.ch

- madis@graduateinstitute.ch
- 📧 secretariatphd@graduateinstitute.ch
- 📧 studentreception@graduateinstitute.ch
- admission@graduateinstitute.ch
- ▶ housing.administration@graduateinstitute.ch
- career@graduateinstitute.ch
- scholarships@graduateinstitute.ch
   specialaid@graduateinstitute.ch
- www.graduateinstitute.ch/wellbeing
- ≤ student.support@graduateinstitute.ch
- antenneh@graduateinstitute.ch

https://student-support-psychologists.youcanbook.me

© 022 908 59 11 (emergency number, outside office hours)
 © 079 339 13 41 (Picciotto and Grand Morillon)

#### LIVING IN GENEVA

- Tourist Office
- www.geneve.com
- TPG (Geneva Public Transport, schedules, itinerary, etc.) www.tpg.ch
- CFF (Swiss train schedules, tariffs, lost and found, etc.)
- www.sbb.ch/en/home.html
- OCPM (Visas, permits)

www.ge.ch/organisation/office-cantonal-population-migrations-ocpm



# EXTERNAL HEALTH SERVICES

# Going through hard times? Feeling under the weather? There are plenty of people to help you. Reaching out is the best thing to do!

PSYCHIATRIC EMERGENCIES GENEVA HOSPITAL HUG (24/7)*	© 022 372 38 62
LA MAIN TENDUE — Helpline for psychological crises (24/7)**  ( ) ** ( ) ** ** ** ** ** ** ** ** ** ** ** ** *	143
STOP VIOLENCES À LA MAISON – Domestic violence emergency helpline (24/7)**	Ø 0840 110 110
MALATAVIE – Depression, suicidal thoughts (24/7)**  ( ) www.malatavie.ch (email)	© 022 372 42 42
UNIGE PÔLE SANTÉ – Psychotherapy (Mon-Fri, 9:00–20:00   CHF 25.–/session)	© 022 379 13 33
MAGELLAN CENTRE PSYCHOTHÉRAPIE VAREMBÉ – Psychotherapy (Mon-Fri, 8:30–17:00)*	O22 795 25 50
MD CONSULTATION – Psychotherapy (Mon-Fri, 9:00–18:00)*	O22 320 33 54     O22 320 33 54     O
<b>LES TOISES</b> – (Psychotherapy for students aged 18–25 in Nyon) (Mon-Fri, 7:30–18:30)*	© 0 584 580 580

## Feeling sick? Need a medical check up? Get in touch with a doctor!

EMERGENCY SERVICE GENEVA HOSPITAL HUG (24/7)* VITAL EMERGENCIES, AMBULANCE (24/7)*	© 022 372 81 20 © 144
GENEVA HOSPITAL HUG STUDENT CONSULTATIONS – (Mon-Fri, office hours)* www.hug.ch/medecine-premier-recours/consultation-medecine-interne-generale-etudiants (online booking) – Auscultation, follow-up, tests, prescription, medical certificate	© 079 553 56 57
UNIGE PÔLE SANTÉ – Health consultation (Mon-Fri, office hours)** www.unige.ch/dife/sante-psychologie/consultation-sante/ (online booking) Medical opinion, personalised advice, recommendations, voucher for free HIV testing	⊠ sante@unige.ch

#### MEDICAL CENTRES CLOSE TO THE GRADUATE INSTITUTE

CENTRE MÉDICO-CHIRURGICAL DE CORNAVIN\* (Mon-Sun until 20:00) © 022 595 11 11 www.cmccornavin.ch (online booking, with or without appointment)

#### **CENTRE MÉDICAL DU LÉMAN\***

(Mon-Fri, 8:00–18:00) © 022 716 06 60 (() www.cmleman.ch (with appointment)

#### MAGELLAN CENTRE MÉDICAL RUE DE LAUSANNE\*

(Mon-Fri, 8:00–18:00) © 022 908 33 33 www.magellan.ch/centre/centre-medical-rue-de-lausanne

#### (online booking) MAGELLAN CENTRE MÉDICAL GRAND-SACONNEX\* (Mon-Fri, 8:00–18:00) © 022 319 18 18

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**HOME CONSULTATION SERVICE (24/7)** 

GENÈVE-MÉDECINS\* © 022 754 54 54 www.gemed.ch

DENTAL EMERGENCIES\* (Mon-Sun, 9:00–12:00 and 16:00–18:00) 
 www.amdg.ch

PHARMACY\* (24/7) © 022 808 00 18 www.pharma24.swiss





\* These services are subject to costs. However, please check with your health insurance provider as it may cover the fees.

\*\* These services are provided free of charge